

The Sowing Room

Planting the Seeds of Inclusive Communities



The Sowing Room, December 2022

Things to Read



You Exist Too Much

An Entropy Best Book of the Year
"At once complicated and engaging, this is the kind of debut novel that announces the arrival of a powerful new author who, besides writing beautifully, has a lot to say." -Gabino Iglesias, NPR
"This story about...

[Read more](#)

Things to Watch



Watch Hidden Figures | Full movie | Disney+

An incredible & inspiring untold true story about three women at NASA who were instrumental in one of history's greatest operations - the launch of astronaut John Glenn into orbit. The incredible untold true story of Katherine Johnson (Taraji P.

[Read more](#)

www.disneyplus.com

Virtual Opportunities

Local Events

IN HONOR OF THE LIFE & LEGACY OF
DR. MARTIN LUTHER KING, JR.

NO MORE, "NEXT TIME"

Speaking Up Immediately & Effectively
When Derogatory Comments Occur

Our Speaker:

Seema Pothini
Nationally renowned educator and author



Workshop Details:
This workshop is designed to provide concrete tools to support all people with speaking up immediately and effectively when hate, bias, or derogatory comments occur.

January 16, 2023
MLK Day

5:30 - 7:00 pm

Chalberg Theatre
Central Lakes College
501 W College Dr,
Brainerd, MN 56401

Free & open to the public. No registration necessary.

CLC
CENTRAL LAKES
COLLEGE



Connecting Our Heartlands

What can rural young adult perspectives teach us about Citizen Power? Register **Connecting Our Heartlands: Towards an Inclusive American Creed...**

[Read more](#)
ruralassembly.org

No More "Next Time" workshop

Jan 16th from 5:30 to 7 pm
Central Lakes College, Chalbery Theater
Did you miss Seema Pothini at the Cultivating Communities Summit? She will be hosting a workshop locally! On Martin Luther King Jr Day, come to Central Lake College and learn with us!

In case you missed it,
here is last month's list:

Things to Watch:

[Reel Injun](#)

Things to Read:

[Power and Place by Dan Wildcat](#)

Virtual Opportunities:

[Native Lights: Celebrating Indigenous Peoples Day](#)

Visit The Sowing Room for these and other resources.

JEDI Seeds:

Justice, Equity, Diversity and Inclusion tools and resources for people living, working and playing in North Central Minnesota.

Check out The Sowing Room on Facebook!

The Sowing Room is an initiative facilitated by Region Five Development Commission and funded by the Northwest Area Foundation.



REGION FIVE
Development Commission

STAY CONNECTED

